



green  
getaway

## **GREEN GETAWAY** A 3-DAY, 2-NIGHT TOUR.

**AN ECO-FRIENDLY TOUR THAT'S ALL ABOUT SUSTAINABILITY, APPRECIATING THE PLANET AND TAKING ACTION TO MAKE THINGS BETTER.**

### **Day 1 | Responsible choices.**

**PM:** Arrive at a “Virginia Green” hotel, like the **Oceanfront Inn** or **Founders Inn**, knowing that it meets the state’s stringent standards for reducing environmental impact. Visit the **Farmers Market** and local produce stands in Pungo. Seasonal craft fairs abound, and a visit to the **Heritage Store** offers a wide variety of organic choices. Enjoy local coastal cuisine centered on fresh produce and delicious seafood at **Croc’s 19th Street Bistro**, one of many restaurants committed to green practices. Ask for their list of organic wines.

### **Day 2 | Do some good with your day.**

**AM:** Following breakfast, head out for a volunteer stint working oysterbeds, or beach cleanup with **Virginia Beach Bay Days**. United Way and Volunteer Hampton Roads can provide options.

**PM:** After lunch at **Rockafellers**, another green restaurant featuring home grown ingredients, spend the afternoon on a **Wild River Outfitters** hiking, kayak or canoe tour, to immerse yourself in the ecosystem. Enjoy a dinner of freshly caught seafood and locally grown organic produce in the lively atmosphere of **Hot Tuna Bar & Grill**. Take a nighttime stroll along the Chesapeake Bay before heading back to your hotel.

### **Day 3 | Into the wild.**

**AM:** Enjoy a sunrise over the Atlantic, then spend the morning blueberry picking at **False Cape State Park**. Or explore local wildlife and waterfowl while hiking or paddling **Back Bay National Wildlife Refuge** with an expert guide. A visit to **First Landing State Park** will put you deep into forests adjacent to the site where the first English settlers landed in 1607. Wrap up your visit with a real connection to a time when living off the land was everyone’s choice.

